

CCNR's Winter Camp

16 > 20.12.24



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Winter training *Practice*
With Noémie De Almeida Ferreira,
CCNR dancer and *Practice* transmitter

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ccnr.fr

CCNR
YUVAL
PICK

Presentation

Noémie De Almeida Ferreira, a dancer at Yuval Pick's company, invites you to dive into Yuval's work for a Winter Camp week at the National Choreographic Center of Rillieux-la-Pape (CCNR).

Each morning, after awakening your body (and your heart) with a ® *Practice* / Yuval Pick method class, Noémie will share choreographic materials of Yuval Pick's new creation, *Into the silence*. She'll invite you to use them throughout the workshop, in an empirical and exploratory approach.

This week of immersion experience will be an opportunity to express your creativity and find new ways of virtuosity.

The Winter Camp will close with a JAM of improvisations, combining dance and music. A joyful way to crystallize the week's sensitive journey and to end 2024.



Practice

Choreographer Yuval Pick has been developing a method that has nourished his dance and his pieces for some twenty years: *Practice*. It has become the daily practice of the members of his company, revealing and exalting the creativity of the performers and challenging their relationship with the body. *Practice* sees each movement as a manifestation of the self, concretized by an intention. Using improvisation and precise exercises, she explores the possibilities of a dancing body guided by organic images and sensations. The *Practice* method is now taught in dance schools and companies in France and abroad.

"We're here to break free, to dare to discover and to take pleasure in moving towards the unknown."
— Yuval Pick

Program

mon 16 > thur 19.12

10 am – 11:30 am	—————	<i>Practice courses</i>
11:45 am – 1:15 pm	—————	Practical workshop
1:15 pm – 2:15 pm	—————	Lunch break
2:15 pm – 3:45 pm	—————	<i>Into the silence</i> transmission
3:45 pm – 4 pm	—————	Exchanges

fri 20.12

11 am – 12:30 am	—————	<i>Practice courses</i>
12:30 am – 2 pm	—————	Lunch break
2 pm – 4 pm	—————	JAM

Registrations

Public	—————	Professional or trainee dancers
Duration	—————	5 days: 16-20/12/2024
Gauge	—————	20 places
Rate	—————	125 euros
Contact	—————	Sharon Eskenazi, artistic coordinator wintercamp@ccnr.fr / +33 (0)4 72 01 12 30
Registrations	—————	Please return this form with your CV, a photograph and a video link before <u>05/12/2024</u> at midnight.

Registration form

Surname:

First name:

Birth date:

Birth place:

Nationality:

Postal address:

Postal code:

City:

Email:

Phone number:

Motivations :

(Please describe in a few lines your reasons for taking part in this winter training.)

Current professional situation:

- Dancer / Choreographer
- Dance teacher
- Dance student (specify):
- Other (specify):

I hereby declare that I am fit to dance.

I authorize the CCNR/Yuval Pick to reproduce and distribute my image for its communication purposes.

Done at:

The:

Signature: